

Camper Name:\_\_\_\_\_ Date of Appointment:\_\_\_\_\_

This form is to be completed by a licensed physician, nurse practitioner, or physician's assistant. The examination must be completed within **6 months** of participation in camp.

Height	Weight	Blood Pressure	Vision
		/	

	Normal	Abnormal	Comments
Skull, scalp, face, neck			
Nose and sinuses			
Mouth			
Throat and tonsils			
Ears			
Eyes			
Lungs, chest, breasts			
Heart			
Abdomen and viscera			
Anus and rectum			
Endocrine system			
G-U system			
Upper extremities			
Lower extremities			
Feet			
Lymphatic glands			
Skin			
Other Musculoskeletal			
Neurologic			
Physhiatric			

	I hereby authorize a qualified heal the following medication prescrib	
·····, ····, ·····	0	(Camper's name)
Name of medication(s)	Date prescribed	Usage directions

Approval of Other Medications if Needed	Yes	No
Administration of Tylenol is approved?		
Administration of Benadryl is approved?		
Administration of Kaopectate is approved?		
Administration of Milk of Magnesia is approved?		
Administration of Pepto-Bismol (contains aspirin) is		
approved?		
Administration of Robitussin is approved?		
Administration of Chlortrimeton is approved?		
Administration of Ibuprofen/Advil is approved?		

## **RECOMMENDATIONS AND RESTRICTIONS FOR SERTOMA CAMP ENDEAVOR:**

There are medical reasons for limiting and/or restricting swimming, horseback riding, canoeing, or other outdoor activities such as hiking, participation in active sports, or sleeping in tents: YES\_\_\_\_\_ NO\_\_\_\_\_ Limitations:

Known food allergies, environmental allergies or other types of allergies:

Treatments and diets that are to be continued while participating in Sertoma's camping program:

I have examined this camper and reviewed his/her health history. It is my opinion that he/she is physically able to engage in any required activities, except as noted above, and its free of any communicable or contagious disease.

Signature of licensed practitioner:	
Printed name:	
Address:	

Phone:\_\_\_\_\_\_Date:\_\_\_\_\_\_